



LIFE Fertility*Care*

Infertility and Recurrent Miscarriage

Life 

LOVING LIFE, OFFERING HOPE

Registered National Charity No. 1128355




Introduction

The LIFE FertilityCare programme (LFC) has enabled couples to have the families they thought were impossible.

LFC treats the causes of infertility, restoring health and enabling couples to conceive naturally. It is often a great relief for couples, frequently diagnosed with unexplained infertility, to find out why they haven't been able to have children.

The treatment is based on Natural Procreative Technology (NaProTechnology or NPT). Developed in the USA, NPT medically evaluates day-to-day information from a woman's individual cycle and combines it with further medical analysis, with success rates equal to those from IVF.



“It is a very thorough approach; we seem to have achieved more in 7 months than in 7 years with the NHS.”



A Positive Experience

Couples say their experience with the programme is a positive one. Our approach places their relationship at the heart of treatment. We involve them at every stage, and give them back a sense of control.

“It was the first time that we both felt fully informed and in control of our treatment and the first time that a medical professional considered the whole picture with regard to our fertility.”

We aim to:

- respect the dignity and welfare of each individual couple with whom we work
 - display a respect for the value and dignity of human life from fertilisation (conception) through to natural death
 - educate couples on their natural cycle and fertility using a method called the Creighton Model FertilityCare system* (CrMS)
 - provide Natural Procreative Technology* (NaProTechnology, NPT) treatment
 - adhere to the American Association of FertilityCare Professionals (AAFPC) code of ethics.
- *for further information visit www.lifecharity.org.uk/fertilitycare

We CAN treat

- unexplained infertility
- infertility due to polycystic ovarian syndrome
- infertility due to endometriosis
- sub-fertility due to one blocked fallopian tube.
- low sperm count
- infertility due to adhesions
- infertility with previously failed IVF or Intra-Uterine Insemination.
- anovulation (failure to ovulate)

We CAN'T treat

Unfortunately, we can't treat infertility caused by:

- absent sperm count (azoospermia)
- premature ovarian failure
- blockage of both fallopian tubes (unless corrected by microsurgery)
- established menopause



Is the LIFE FertilityCare Programme for you?

LFC is different from other treatments for infertility. It offers an holistic, body-friendly approach, where support is as much a part of the process as the medical treatment. It carries none of the ethical problems of IVF – no discarded embryos, no donor sperm or eggs.

To receive infertility and/or recurrent miscarriage treatment, couples must be married. We also ask that they have no frozen embryos from previous IVF treatments.



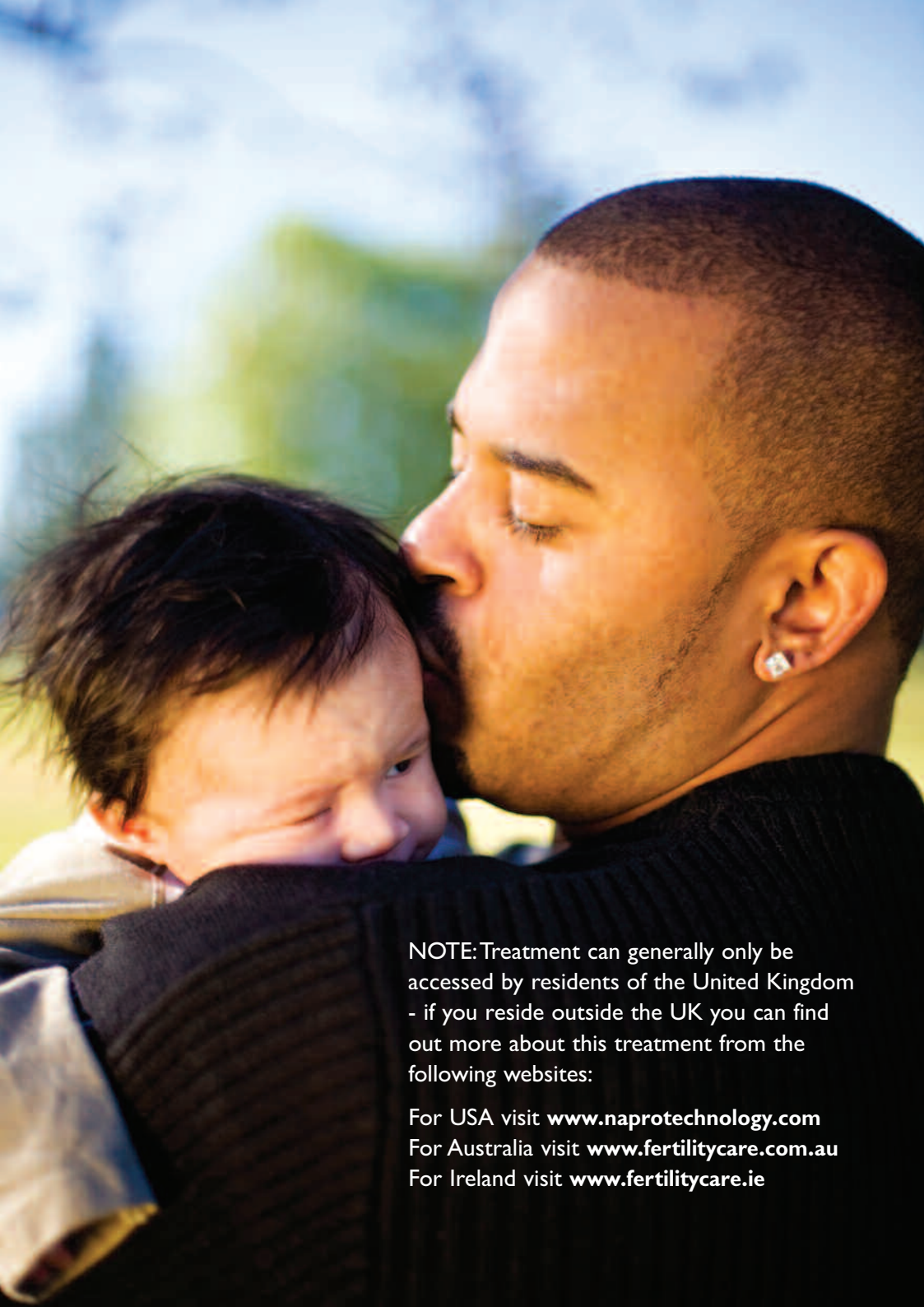
How NaProTechnology works

NaProTechnology involves teaching women and couples to monitor and record their biological markers of fertility in a precise and standardised fashion, known as the Creighton Model FertilityCare system.

This simple, non-invasive record of a couple's fertility events over time enables the physician to use previously undetected clinical information. The result is a truly individualised assessment. Once a cause is identified, the treatment is then tailored to the couple's specific problems.



The programme restores the couple's optimum fertility potential each month by correcting hormonal abnormalities, improving fertility potential and reducing the risk of miscarriage. Treatment given in such cooperation with the cycle is extremely effective in resolving the cause(s) of sub-fertility and infertility.

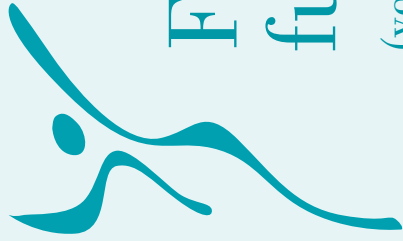


NOTE: Treatment can generally only be accessed by residents of the United Kingdom - if you reside outside the UK you can find out more about this treatment from the following websites:

For USA visit www.naprotechnology.com

For Australia visit www.fertilitycare.com.au

For Ireland visit www.fertilitycare.ie



FertilityCare assessment / further information form

(you can also do this online at
www.lifecharity.org.uk/fertilitycare)

Please complete SECTIONS 1 and 2 for treatment as appropriate (infertility treatment is available to married couples only).

In taking the time to complete and send the assessment form you are providing us with the information we need to be able to advise you on whether or not you would benefit from the LIFE FertilityCare programme. Any medical information you give us regarding your health and your personal details will be used for assessment purposes only and kept strictly confidential. LIFE FertilityCare conforms to the UK Data protection Act 1998 and the Care Quality Commission regulations.

Treatment enquiries Complete sections 1 and 2.

SECTION 1 - General Assessment All enquiries complete section 1.

Your personal details

Woman

First name

Last name

Man

First name

Last name

Marital Status

Single

Married

Co-habiting

Date of Birth (DD/MM/YYYY) Woman

Man

e-mail

Street Address

Home Phone

Work Phone

Town/City

Mobile Phone

County

Which is most relevant?

Overcoming infertility

Women's health

Recent miscarriage

Natural family planning

COUNTRY

How did you find out about us? (Internet, advertisement, article, LIFE charity, friend, this leaflet, newspaper etc.)

I am interested in a loan copy of the DVD and enclose a £20 cheque (made out to LIFE) which I understand will be returned to me when I return the DVD within 30 days.

SECTION 2 - Procedures and Treatments

NB: This section must be completed for all enquiries regarding fertility treatment - we need this information in order to make an assessment.

Which if any, of the following procedures have been carried out?

Tick the relevant checkbox(es) below and give dates and further information if relevant

Fallopian tubes checked?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Year of test / comment	<input type="text"/>
Sperm count done?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Year of test / comment	<input type="text"/>
Previous IVF/ICSI treatment?	<input type="checkbox"/> Yes	<input type="checkbox"/> No		
Frozen Embryos?	<input type="checkbox"/> Yes	<input type="checkbox"/> No		
Clomiphene/Clomid treatment?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Number of Clomiphene/Clomid cycles?	<input type="text"/>

Your general gynaecological / obstetric history relating to your enquiry?

Other relevant information to do with lifestyle, e.g. stress, bereavement, relationships?

Any specific question you have?

Thank you for completing the form. Please post it to: LIFE FertilityCare, 1 Mill Street, Leamington Spa, CV31 1ES



What happens on the Programme?

Treatment is divided into two phases -

Phase 1: Couples are fully supported by their own FertilityCare practitioner in learning the Creighton Model FertilityCare charting system over a three-month period. It is during this phase that the unique cycle pattern is first observed and appropriate investigations are started.

Phase 2: Medical treatment begins. We aim for 12 effective cycles of treatment, an effective cycle being one where hormone levels and the charting fertility pattern are optimised.

Couples are fully supported at every stage of the process.

“The LIFE FertilityCare staff gave us all the help and hope we needed. Within eight months our child was conceived. We shall always have a debt of gratitude to LIFE FertilityCare.”





How much will it cost?

Phase 1: £190*

Phase 2: £225*

Medical consultations:

(which are usually every 4-5 months)

£120* each

First year's treatment will cost **£775** and second year **£360** on average.

*Fees correct March 2009, subject to review.


“The programme is a fraction of the cost of IVF. This makes good budgetary sense and offers service users another choice.”

Fees do not include

- private laboratory costs for investigations, e.g. blood tests, seminal fluid analysis
- gynaecological/fertility investigations and treatments, e.g. laparoscopy
- ultrasound scanning
- costs of medications prescribed
- costs of needles and syringes used in the giving of some medications

“I am convinced that, without LIFE FertilityCare, we would not have our son.”



A photograph of a man, a woman, and a baby. The man is in the center, smiling broadly, with his hand near his face. The woman is on the right, also smiling, with her hand near the man's face. The baby is on the left, looking directly at the camera. They are outdoors with green foliage in the background.

“It has been one of the most valuable experiences of our lives. We liked the very personal and sensitive service, the extremely informative recommendations and the knowledge we have been equipped with about our bodies. We’ve learnt how to achieve and maintain optimum fertility and general health.”

 How can I find out more?

www.lifecharity.org.uk/fertilitycare

You can book an introductory session with a FertilityCare practitioner by completing the assessment form on page 5 or through our website. Or you can learn more by requesting a loan copy of our introductory DVD (against a deposit).



Our Philosophy

We believe the best medicine seeks to cure disease not bypass it. We believe a couple's desire for natural conception deserves the highest medical support. We believe that by acknowledging the truly individual nature of a woman's cycle medicine reaches new diagnostic capabilities. We believe women and men deserve the best diagnostic efforts to identify and subsequently treat the cause(s) of infertility or difficulty in maintaining pregnancy. We make this extra effort for the benefit of the couple, marriage, the family and society at large.

Contact us

FertilityCare Direct Line: 01926 834 654

Email: fertilitycare@lifecharity.org.uk Web: www.lifecharity.org.uk/fertilitycare

National Head Office:
LIFE House, 1 Mill Street
Leamington Spa, Warwickshire CV31 1ES

National Helpline: 0800 915 4600

Text-to-talk: 07786 200330

Tel: 01926 421587 Fax: 01926 336497

Email: info@lifecharity.org.uk

For more information
visit www.lifecharity.org.uk

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More information:

LIFE publishes a number of pamphlets and leaflets about various aspects of our mission and services. These are available, by post, from LIFE Head Office. You can access these and other materials on our website: www.lifecharity.org.uk.



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